

2025 Hermon Recreation Summer Track Schedule

Week	Tuesday	Wednesday	Thursday
1	<u>June 24, 2025</u> Practice Ages 6-8 5 p.m - 6 p.m. Ages 9-15 6:15 p.m. - 7:15 p.m.	<u>June 25, 2025</u> Practice Ages 6-8 5 p.m - 6 p.m. Ages 9-15 6:15 p.m. - 7:15 p.m.	<u>June 26, 2025</u> Meet # 1 2 p.m. @Old Town
2	<u>July 1, 2025</u> Practice Ages 6-8 5 p.m - 6 p.m. Ages 9-15 6:15 p.m. - 7:15 p.m.	<u>July 2, 2025</u> Practice Ages 6-8 5 p.m - 6 p.m. Ages 9-15 6:15 p.m. - 7:15 p.m.	<u>July 3, 2025</u> Meet # 2 2 p.m. @Orono
3	<u>July 8, 2025</u> Practice Ages 6-8 5 p.m - 6 p.m. Ages 9-15 6:15 p.m. - 7:15 p.m.	<u>July 9, 2025</u> Practice Ages 6-8 5 p.m - 6 p.m. Ages 9-15 6:15 p.m. - 7:15 p.m.	<u>July 10, 2025</u> Meet #3 2 p.m. @Hampden
4	<u>July 15, 2025</u> Practice Ages 6-8 5 p.m - 6 p.m. Ages 9-15 6:15 p.m. - 7:15 p.m.	<u>July 16, 2025</u> Practice Ages 6-8 5 p.m - 6 p.m. Ages 9-15 6:15 p.m. - 7:15 p.m.	<u>July 17, 2025</u> Meet #4 2 p.m. @Hermon
5	<u>July 22, 2025</u> Practice Ages 6-8 5 p.m - 6 p.m. Ages 9-15 6:15 p.m. - 7:15 p.m.	<u>July 23, 2025</u> Practice Ages 6-8 5 p.m - 6 p.m. Ages 9-15 6:15 p.m. - 7:15 p.m.	<u>July 24, 2025</u> Meet #5 2 p.m. @Bangor
6	<u>July 29, 2025</u> Practice Ages 6-8 5 p.m - 6 p.m. Ages 9-15 6:15 p.m. - 7:15 p.m.	<u>July 30, 2025</u> Practice Ages 6-8 5 p.m - 6 p.m. Ages 9-15 6:15 p.m. - 7:15 p.m.	<u>July 31, 2025</u> Qualifier Meet 10 a.m. @Brewer
7	<u>August 5, 2025</u> Practice Ages 6-8 5 p.m - 6 p.m. Ages 9-15 6:15 p.m. - 7:15 p.m.	<u>August 6, 2025</u> Practice Ages 6-8 5 p.m - 6 p.m. Ages 9-15 6:15 p.m. - 7:15 p.m.	<u>August 7, 2025</u> Practice Ages 6-8 5 p.m - 6 p.m. Ages 9-15 6:15 p.m. - 7:15 p.m.

State Meet (for athletes who have qualified): Saturday, August 9, Site To Be Announced, 9 a.m.