## 2025 Hermon Summer Rec - Daily Schedule

Children start their day with supervised free time in the Café or Gym.

3:15 AM - 8:30 AM Morning Snack Time

A quick snack before jumping into the day.

**3:30** AM − 8:45 AM

**Transition & Morning Meeting** 

Campers gather with their group to review the day and apply sunscreen.

⊕ 8:45 AM − 11:00 AM

**Morning Rotations** 

Groups rotate between:

- Gym
- Outdoor Play
- Crafts/Games in the Café

11:00 AM - 12:25 PM Lunch & More Rotations

Lunch and continued group activities. Sunscreen & water breaks are included.

① 12:30 PM - 2:40 PM

**Afternoon Rotations** 

More fun activities including:

- Sports
- Outdoor games
- Creative time

**Afternoon Meeting & Transition** 

Campers regroup, talk about their day, and prepare for snack.

(-) 3:00 PM - 3:20 PM

**Afternoon Snack** 

Time to refuel with another snack and more water.

**→** 3:20 PM − 6:00 PM

Free Play & Pick-Up

End-of-day free time in the Café or Gym until pickup.

## Notes for Parents:

- Campers should bring lunch, 2 snacks, a refillable water bottle, and sunscreen each day.
- Groups rotate through activities together, so every child gets to experience all parts of the day.
- Staff ensure regular water and bathroom breaks.
- Activities are designed to keep kids moving, creating, and having fun all day long!