

# IS MY KINDERGARTENER READY?



**Starting summer rec is a big adventure for little ones! At Hermon Rec, we welcome all kids, even if this is their first time away from home. Here's what to know:**

## YOUR KINDERGARTENER WILL

- Spend the day playing games, exploring outside, and creating arts & crafts.
- Be part of group activities with other children their age.
- Have caring staff available to help when they need a hand or a little reassurance.

## SIGNS YOUR CHILD MAY BE READY

- Comfortable saying goodbye in the morning and joining new friends.
- Able to follow simple instructions with guidance.
- Can manage basic self-care like using the restroom and washing hands.
- Excited (or curious!) about trying new activities and meeting friends.

## NOT QUITE THERE YET?

No worries! Every child grows at their own pace. Sometimes the first day might be a little tearful, but our staff is trained to make the transition gentle and fun.

Contact Hermon Rec with any questions you may have regarding our Summer Rec Program!  
Rec Director, Lindsey, 207-848-8014 or  
Summer Programmer,  
Julie, 207-478-0297

## SUCCESS TIPS FOR SUMMER REC

- Practice routines at home: morning tasks, snack time, cleaning up toys.
- Encourage social play: playdates or group games help kids feel comfortable in new settings.
- Talk about the fun ahead: review our activity calendar together and highlight games, crafts, or field trips they'll love.
- Label everything: backpacks, water bottles, and lunch containers help prevent mix-ups.

