

# FEBRUARY'23

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b>	<b>2</b> Gentle Yoga, 11:30am Card Games, 12:30pm Boulier Place  <b>Rescheduled Pizza Party</b>	<b>3</b>
<b>6</b>  Bowling Family Fun Lanes 12:30pm \$3.00 per game Shoes are free	<b>7</b>  Walking, free Patrica A Duran Gym 6:15am-7:15am	<b>8</b>	<b>9</b>  Gentle Yoga, 11:30am Card Games, 12:30pm Boulier Place  Coffee, tea & light snack provided, free	<b>10</b>
<b>13</b>  Bowling Family Fun Lanes 12:30pm \$3.00 per game Shoes are free	<b>14</b>  Walking, free Patrica A Duran Gym 6:15am-7:15am	<b>15</b>  Free Community Supper Hermon Baptist Church 5:00pm - 6:30pm Sponsored by Danforths	<b>16</b>  Gentle Yoga, 11:30am Card Games, 12:30pm Boulier Place  Coffee, tea & light snack provided, free	<b>17</b>
<b>20</b>  Bowling Family Fun Lanes 12:30pm \$3.00 per game Shoes are free	<b>21</b>  Walking, free Patrica A Duran Gym 6:15am-7:15am  <b>Lantern Craft with Julie @ 11:30am, free</b>	<b>22</b>	<b>23</b>  Gentle Yoga, 11:30am Card Games, 12:30pm Boulier Place  Coffee, tea & light snack provided, free	<b>24</b>
<b>27</b>  Bowling Family Fun Lanes 12:30pm \$3.00 per game Shoes are free	<b>28</b>  Walking, free Patrica A Duran Gym 6:15am-7:15am	<b>29</b>	<b>30</b>  Gentle Yoga, 11:30am Card Games, 12:30pm Boulier Place  Coffee, tea & light snack provided, free	<b>31</b>



Interested in joining the Hermon Rec Seniors? We'd love to have you! Please RSVP so we can plan accordingly. Contact Lindsey at 207-848-8014 to sign up for activities or for additional information.