



Men's Basketball League

Dear Prospective Participant,

We are pleased to invite you to the Hermon Recreation Spring Men's Basketball League. This session is for ages 30 & over. Games will be played on Sunday evenings beginning April 23rd through May 28th, with the championship game being played on June 4th.

All games are played at Hermon Middle School.

The league will have a 6-week regular season. The registration fee per team is \$500.00. The fee can be paid via cash, check, or card, whichever is easiest for you. To register your team, please have a representative reach out to Isaiah at marseillei@hermonmaine.gov. The registration & fee deadline is April 17th.

Schedules will be distributed to each registered team by April 19th.

A minimum of 4 teams are required to hold this league.

Rules & Regulations:

- 1) Teams are required to wear the same color t-shirt or pinnies will be provided.
- 2) Each team will have a 7 player minimum - 11 player maximum fixed roster.
- 3) Players may not play on more than one team.
- 4) Each game will consist of two 20-minute running time halves, with stop time the last 2-minutes of each half.
- 5) There will be a 5-minute half time.
- 6) Overtime will be three minutes.
- 7) Each team will have 2 - full time-outs each half.
- 8) Each player will be allowed 5 personal fouls (7 fouls 1-1 and 10 fouls 2 shots).
- 9) Site supervisor will remove players due to unacceptable behavior at their discretion.
- 10) Each team is responsible for cleaning up the team bench after each game.
- 11) Waiver of liability form must be signed by each participant.

If you have any questions, please do not hesitate to contact the Hermon REC office at 848-4075 or email marseillei@hermonmaine.gov.

