



2025 July



*Contact Lindsey at 207-848-8014
to sign up for activities or for
additional information.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 Gentle Yoga, 11:15am Cards & July Birthdays, 12:30pm Boulter Place	4 	5
6	7 Breakfast Date, 9:30am @ Chase's RSVP by 7/3 for reservations!	8	9	10 Gentle Yoga, 11:15am Card games, 12:30pm Boulter Place Coffee, tea, snacks	11	12
13	14	15	16	17 Gentle Yoga, 11:15am Card games, 12:30pm Boulter Place Coffee, tea, snacks	18	19
20	21	22	23	24 Gentle Yoga, 11:15am Card games, 12:30pm Boulter Place Coffee, tea, snacks	25	26
27	28 Coffee & Conversation 10am @ Boulter Place	29	30	31 Gentle Yoga, 11:15am Card games, 12:30pm Boulter Place Coffee, tea, snacks	Please note: There will be no free monthly craft or lunch offered during summer months. We will pick back up in September!	