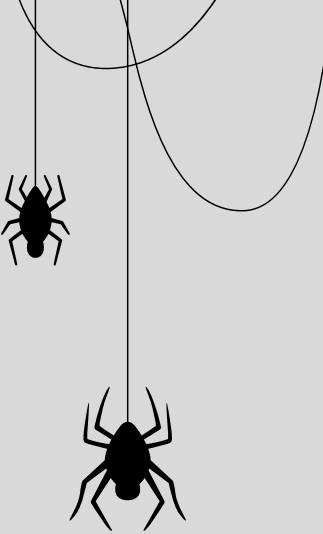


Herman Rec Seniors

October 2026



Contact Lindsey at 207-848-8014 to sign up for activities or for additional information.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Gentle Yoga, 11:15am Card/Board Games, 12:30pm Boulrier Place October Birthdays	2	3
4	5 Breakfast Date @ Chase's RSVP by 10/2 for reservations!	6	7	8 Gentle Yoga, 11:15am Card games, 12:30pm Boulrier Place Coffee, tea, snacks	9	10
11	12 	13 Craft with Julie! Please RSVP 12:30pm Boulrier Place	14	15 Gentle Yoga, 11:15am Card games, 12:30pm Boulrier Place Coffee, tea, snacks	16	17
18	19	20	21	22 Gentle Yoga, 11:15am Card games, 12:30pm Boulrier Place Coffee, tea, snacks	23	24
25	26 Coffee & Conversation 10am @ Boulrier Place	27	28	29 Gentle Yoga, 11:15am Halloween Party/Free Lunch: Chili & Cornbread Please RSVP, 12:30pm Hermon Town Office	30	31 <i>Happy Halloween</i>