

# 2023-2024 Hermon Recreation Basketball Rules

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## *SATURDAYS in the Elementary School gym*

### **PK & K**

- Size 27.5 ball will be used
- Hoops will be lowered as low as they can go
- Teams will have 45 minutes to an hour in their allotted time, their coach can choose what to do in that time (play games / drills / scrimmage).
- Game against the opposing team is not necessary.

### **1st & 2nd**

- Size 27.5 ball will be used
- Games will be 4 v 4 to give more kids the opportunity to touch the ball
- Hoops will be lowered as low as they can go
- Teams will have a 30 minute practice followed by a 30 minute game in their given hour on their given court.
- There will be no official referees, coaches are encouraged to remain on the court to help the kids as much as possible, keep the time and keep the games as organized as they can be.

Please contact Isaiah Marseille for all questions or concerns.  
[marseillei@hermonmaine.gov](mailto:marseillei@hermonmaine.gov)  
(207) 848-4075

