



HERMON REC SENIORS CALENDAR

(AUGUST 2023)

Monday	Tuesday	Wednesday	Thursday	Friday
31	1	2	3	4
	Bowling, 12:30pm Family Fun Lanes \$3 per game Shoes are free		Gentle Yoga, 11:15am Card Games, 12:30pm Boulrier Place Coffee, tea, light snack provided (free)	
7	8	9	10	11
Bingo, 12pm Boulrier Place .10 cent per game	Bowling, 12:30pm Family Fun Lanes \$3 per game Shoes are free		Gentle Yoga, 11:15am Card Games, 12:30pm Boulrier Place Coffee, tea, light snack provided (free)	
14	15	16	17	18
	Bowling, 12:30pm Family Fun Lanes \$3 per game Shoes are free		Gentle Yoga, 11:15am Pizza Party, 12:30pm Boulrier Place Please RSVP by 8/15	
21	22	23	24	25
	Craft with Julie, 11:30am Boulrier Place Bowling, 12:30pm Family Fun Lanes		Gentle Yoga, 11:15am Card Games, 12:30pm Boulrier Place Coffee, tea, light snack provided (free)	
28	29	30	31	1
Bingo, 12pm Boulrier Place .10 cent per game	Bowling, 12:30pm Family Fun Lanes \$3 per game Shoes are free		No Yoga Today Card Games, 12:30pm Boulrier Place Coffee, tea, light snack provided (free)	

Join us on weekdays at 3pm at Hermon High School for outdoor walking! (Nice weather days only!)

Interested in joining the Hermon Rec Seniors? We'd love to have you! Please RSVP so we can plan accordingly. Contact Lindsey at 207-848-8014 to sign up for activities or for additional information.