

# MARCH '23

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6 Bowling Family Fun Lanes 12:30pm \$3.00 per game Shoes are free	7 Walking, free Patrica A Duran Gym 6:15am-7:15am	8	9 Gentle Yoga, 11:30am Card Games, 12:30pm Boulier Place  Coffee, tea & light snack provided, free	10
13 Bowling Family Fun Lanes 12:30pm \$3.00 per game Shoes are free	14 Walking, free Patrica A Duran Gym 6:15am-7:15am	15 Free Community Supper Hermon Baptist Church 5:00pm - 6:30pm Sponsored by Danforth's	16 Gentle Yoga, 11:30am Card Games, 12:30pm Boulier Place  Coffee, tea & light snack provided, free	17
20 Bowling Family Fun Lanes 12:30pm \$3.00 per game Shoes are free	21 Walking, free Patrica A Duran Gym 6:15am-7:15am  <b>Birdhouse Craft with Julie @ 11:30am, free</b>	22	23 Gentle Yoga, 11:30am Card Games, 12:30pm Boulier Place  Coffee, tea & light snack provided, free	24
27 Bowling Family Fun Lanes 12:30pm \$3.00 per game Shoes are free	28 Walking, free Patrica A Duran Gym 6:15am-7:15am	29	30  <b>Senior's Springtime Luncheon, 12pm Please RSVP by 3/27</b>	31



Interested in joining the Hermon Rec Seniors? We'd love to have you! Please RSVP so we can plan accordingly. Contact Lindsey at 207-848-8014 to sign up for activities or for additional information.