

Join us on weekdays at
3pm at Hermon High for
outdoor walking!
(Nice days only!)



MAY '23



Hermon Community Yard
Sale, May 20th!

Maps available at the
Hermon Town Office 5/15

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Bowling Family Fun Lanes 12:30pm \$3.00 per game Shoes are free	2	3	4 Gentle Yoga, 11:30am Card Games, 12:30pm Boulrier Place Coffee, tea & light snack	5
8 Bowling Family Fun Lanes 12:30pm \$3.00 per game Shoes are free	9 Bingo, 12pm Boulrier Place .10 cent per game	10	11 Gentle Yoga, 11:30am Card Games, 12:30pm Boulrier Place Coffee, tea & light snack	12
15 Bowling Family Fun Lanes 12:30pm \$3.00 per game Shoes are free	16 Welcome Sign Craft with Julie @ 11:30am	17 Free Community Supper Hermon Baptist Church 5:00pm - 6:30pm Sponsored by Danforth's	18 Healthy Aging Expo Anah Shriners on Broadway, 10am-2pm	19
22 Bowling Family Fun Lanes 12:30pm \$3.00 per game Shoes are free	23	24	25 Gentle Yoga, 11:30am Lunch: Subs, chips & cookies, 12:30pm Please RSVP by 5/23	26
29 Happy Memorial Day	30 Bingo, 12pm Boulrier Place .10 cent per game	31		



Interested in joining the Hermon Rec Seniors? We'd love to have you! Please RSVP so we can plan accordingly.
Contact Lindsey at 207-848-8014 to sign up for activities or for additional information.