## Hermon Rec Seniors

Contact Lindsey at 207-848-8014 to sign up for activities or for additional information.

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1	2
3		4	5 Bowling, 12:30pm Family Fun Lanes \$3 per game Shoes are free	6	7 Gentle Yoga, 11:15am Card Games & March Birthdays 12:30pm Boulier Place Coffee, Tea, Snacks Provided	8	9
10		11	12 Craft with Julie: Flower Jar Craft 12:30pm Boulier Place	13	14 Gentle Yoga, 11:15am Card Games, 12:30pm Boulier Place Coffee, Tea, Snacks Provided	15	16
17		18	]9 Bowling, 12:30pm Family Fun Lanes \$3 per game Shoes are free	20 Free Community Supper, 5-6pm Hermon Baptist Church Sponsored by Danforth's	2] Gentle Yoga, 11:15am Card Games, 12:30pm Boulier Place Coffee, Tea, Snacks Provided	22	23
24	31	25	26 Bowling, 12:30pm Family Fun Lanes \$3 per game Shoes are free	27	28 Gentle Yoga, 11:15am Free Pizza & Bingo, 12:30pm Hermon Town Office	29	30

Seniors Walking Club starting in April! We hope you'll join us for weekly outdoor walks!