

# HERMON 20 SUMMER REC 21 PARENT HANDBOOK

## ADMINISTRATION CONTACT INFORMATION

Lindsey Ouellette  
Program Director  
207-848-4064  
ouelletel@hermon.net

## CAMP LOCATIONS & CONTACT INFORMATION

Camp	Location	Camp Cell Phone
Summer Rec K-6th Graders	Patricia A. Duran School 235 Billings Road	207-478-0297
H Nation 5-8th Graders	Hermon Middle School 29 Billings Road	207-949-2132

## Our Leaders



**Emma Davis (Group C Leader)** – Hello, my name is Emma and I am twenty years old. I have been working at Rec since 2016 as a counselor. I currently attend Husson University, majoring in physical therapy. I am very athletic and love to create fun activities and participate in them with the kids! I am really excited to see everyone again and to meet our new campers.



**Caitlynn Tracy (Group B Leader)** – Hello, my name is Caitlynn and I am twenty years old. I have been working at Rec since 2017 as a counselor. I am attending Husson University, majoring in psychology. I am a very active person that loves to participate in every game and activity that we do. I am really excited to see everyone again and to meet our new campers!



**Katie Windsor (Group A Leader)** – Hello! My name is Katie Windsor, I am 21 years old and this is my 5<sup>th</sup> summer here at Hermon Rec. I attend Husson University and am finishing up my elementary education degree. I enjoy working with kids and finding creative activities for our campers to do during their days here at Rec. I am excited to see everyone again and meet our new campers!



**Kate Fergola (Floater Leader for Groups A, B, C)** – Hello! My name is Kate Fergola and I am 22 years old. I have been working at Hermon Rec since 2018 and this is my 4<sup>th</sup> summer here. I currently attend Husson University and I will be finishing up my public health/healthcare administration degree this December. In the Fall I will be starting the OTA program at KVCC. I am also an assistant coach for the Hermon middle school cheerleading team. I love working with children, participating in activities with them, and getting to know their unique personalities. My goal as a counselor is to make an impact on each camper and make their day a bit brighter! I can't wait to see all the returning campers and meet the new ones!

## **DAILY SIGN-IN AND SIGN-OUT PROCEDURES**

### **Drop-off**

Campers who are registered for the extended care program can be dropped off as early as 6:30am. When dropping off during extended hours, parents are required to walk their child into the program each day to sign in with the lead counselor on duty. Day Camp drop off starts at 8:30am at the drop-off loop. Please have your day camper fed, sunscreen applied and dropped off by 8:45 to allow time to unpack their belongings and join his/her group for the daily morning meeting.

### **Pick-up**

Day Campers must be picked up at the drop-off loop at 3:30pm. Your child's lead counselor will greet you upon your arrival to sign out. If your child is signed up for extended hours, you can pick up between 3:30-6:00pm. When picking up during extended hours, please park in the visitor's lot and get buzzed into the outer lobby. A staff member will greet you in the lobby to sign your child out. If you need to pick up early, please contact us to let us know beforehand so we can have your camper ready.

Hermon Rec utilizes a checkout system to ensure that each child is released to an authorized adult each day. We will not release your child to any individual not listed on the emergency contact/pick up form. If a staff member is unfamiliar with any person picking up a child, they are required to ask to see a picture identification before the child is released from the program. This would also include parents who may be picking up for the first time. Please be prepared to show an ID and remind everyone of this rule.

Authorization for someone other than the people listed in our registration database must be put in writing and delivered by the custodial parent prior to the time of pickup. When completing summer camp registration, please consider this carefully and include everyone allowed to pick up during the course of the summer.

In situations of divorce or separation, at registration please include instructions about who may pick up and under what circumstances, and a copy of any court orders regarding custody of the child must be provided. We need to have these documents on file in order to protect each child. Both parents have a right to view the files of their children, regardless of which parent has been given custody. Please use this right to be sure that the information in the file is current and correct. Parents can be assured that this information will be kept strictly confidential and used only to further ensure the child's safety. We urge full cooperation in this matter to avoid putting any child and our staff in an uncomfortable position.



## Late Pick-up

Pick up is at 3:30 pm for Day Campers. Children registered for the extended care program must be signed out by an authorized adult by 6:00 PM. A late fee of \$10 will be charged to your account if your child is not picked up on time. More than 3 late pick-ups could result in removal from the program. If you know you are not going to be on time for pick-up, please contact your child's program from the contact information provided in this handbook.

## PROGRAMMING



We strive to meet each child's needs through a carefully designed schedule of physical activity, enrichment and recreational programs. The daily activities offered in the past have included arts, crafts, games, music, yoga, dancing and sports. Children who do not participate in a scheduled activity will be given alternate choices whenever possible. New this year: Weekly STEM learning opportunities and a summer reading program is available to all campers!

### Daily Morning Meeting

An important part of our daily routine is the Morning Meeting. During this time, counselors will meet with their campers to review expectations, daily plans, schedules and upcoming events. Campers will have an opportunity to participate in the discussions, help plan their daily activities, socialize with other campers and prep for their day.

## Water Play

The schedule includes daily water play opportunities that may include sprinklers, slip n' slides, water balloons, etc. Swimsuits/Extra change of clothes and a towel are required to engage in water activities.

## FIELD TRIPS & SPECIAL EVENTS

Children registered in the K-6 Summer Recreational Program will be able to attend all scheduled field trips with their group. Any child who attends a field trip with Hermon Recreation must show up on time for attendance, participate in activities, be respectful and behave. Hermon Recreation reserves the right to refuse participation in any field trips. Additional staff will remain on site (unless otherwise noted) during field trips for children who do not attend. Transportation will be by school bus, provided by the Hermon School Department.

## Water Safety

There are lifeguards on duty at any field trip location that involves swimming. If your child cannot swim without a life jacket, it is your responsibility to provide a proper fitting life jacket on field trips.

## DAILY CAMP ESSENTIALS

### Sunblock

We request that sunblock is applied to your child prior to attending the program each day. Sunblock will be re-applied multiple times throughout the day. With parent/guardian's consent, counselor's are able assist your child if needed. SPF 30 sunblock is provided by the program. If you prefer to use sunblock from home, please label the bottle with your child's first and last name.



### What to bring each day

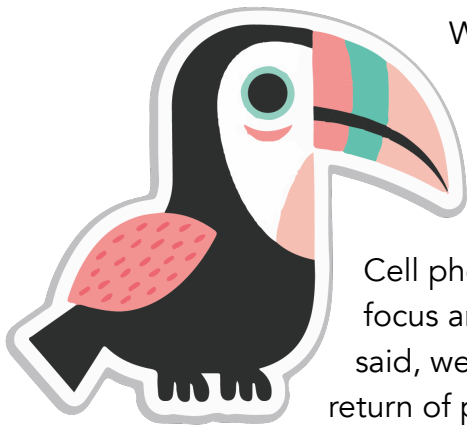
- Durable water bottle. We encourage campers to stay hydrated and refilled water bottles throughout the day.
- Lunch and AM & PM Snacks. Microwaves are available on site. However, low maintenance and ready-to-eat lunches are encouraged. No refrigeration is provided so pack accordingly!
- Swimwear & towel is required for participation in water play activities.
- Sneakers for physical activity. For safety purposes, please do not send your child to the program in open-toe shoes or flip-flops.
- Extra change of clothes in case of unexpected spills, messes and/or accidents.
- Backpack to securely hold all belongings to and from the program

Please Note: Hermon Recreation is not a nut-free program.

We do provide designated nut-free tables that are clearly labeled, carefully cleaned and monitored closely for those participants with nut allergies to eat safely. Sanitizer is provided both before and after snacks/lunches

### What NOT to bring each day

Cell phones, electronics, trading cards, toys or other items from home. Our main focus and concern is the safety and well-being of your children. With that being said, we ask that these items are left at home since we cannot guarantee the safe return of personal belongings. Hermon Recreation is not responsible for lost or stolen items.



## Lost & Found

There is a lost-and-found area at each program location. At the end of the 8-week program, all lost-and-found items will be donated to charity.

Please label your child's belongings and check this area often!

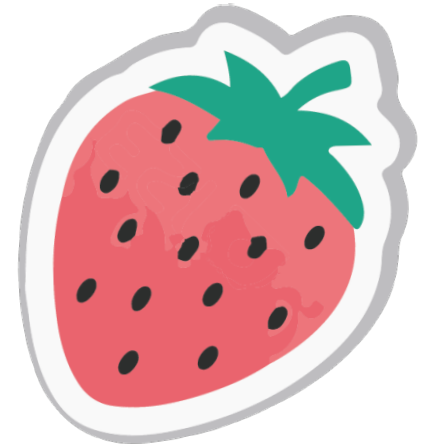
## HEALTH & SAFETY CONCERNS

### Illness

Children who attend the K-6 Summer Recreational Program should be well enough to follow the normal routine of the Program. We understand and appreciate the needs of working parents, yet it is essential that children and staff members in our program are protected from contagious illness. For the safety of all participants and staff, we reserve the right to send any participant home if he/she becomes ill. A child who is sent home due to illness should be picked up within one hour of notification.

### We will notify you if your child:

- Has a fever
- Is vomiting
- Has a rash
- Has an earache
- Has live lice
- Experiences uncontrolled coughing, persistent crying or difficulty breathing



Please Note: A child who has experienced a fever should be kept home until he/she has been fever free for 24 hours without medication.

### Medical Conditions & Allergies

Please report any health concerns, medical changes, etc. to the Program Director. Although information will be kept confidential, it will be shared with appropriate staff members to help support the safety of your child and allow our staff to facilitate communication with parents or guardians in an emergency.

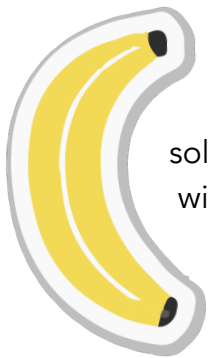


## **Accidents or Acute Illness**

In the event of an accident or acute illness, every effort will be made to notify the child's parents. If a situation requires immediate attention, 911 will be called and the child will be transported to the hospital by ambulance.

## **Medication**

Parents are encouraged to come to the program to give medications to their children if needed. Medication must not be sent to the program unless absolutely necessary and only under very specific conditions which require a Medication Policy Form to be completed by physician and guardian. Please contact the Program Director for more information on the medication policy and procedures.



## **Clothing Requirements**

Comfortable clothing and footwear such as sneakers or closed-toed shoes with a rubber sole must be worn while attending the K-6 Summer Recreational Program. Campers without appropriate footwear will not be able to participate in physical activity in the gymnasium, fields, trails or playground. An extra change of clothes each day is required. We are extremely active each day and it is important your child is comfortable.

## **EXPECTATIONS OF CAMPERS**

All participants of the program are expected to treat each other with respect, tolerance, kindness, and consideration. The program rules and behavior expectations will be explained to the children clearly and reinforced in a consistent manner. Our staff is committed to leading by example, to provide positive reinforcement and enforce program rules and expectations consistently. Positive methods of behavioral management are used in the program to encourage self-control, self-regulation and self-esteem. Communication between staff and parents informing any concerns or changes in the child's routine will allow us to work as partners to support the child in and out of the program.

## **Disciplinary Action**

Parents will be kept informed of issues concerning their child as they arise. Sometimes reminders, redirection, verbal warnings and "taking a break" is not successful, and the behavior is documented with an incident report. Behavior issues and incidents will be processed by a counselor with the child and a logical consequence for the action will be agreed upon. Parents will be given a copy of the report at the time of pick up.

If a child exhibits unusual emotional or physical behavior that threatens the wellbeing of the child or others in the program, the behavior and/or incident will be documented and processed with the Program Director. Steps will be taken to work with the child to identify the inappropriate behavior, accept responsibility, and agree upon a logical consequence. Parents will be notified by phone and may be asked to pick up their child depending on the severity.

Multiple incident reports, repeated unsafe behavior that impacts others, or behavior that seriously interferes with a positive program experience may result in suspension or dismissal from the program.



## **PARENT RESPONSIBILITIES**

### **Parental Involvement**

Communication between parents and staff is a vital component of a successful program. To keep parents updated and informed, we have established a parent communication center at both program locations. We suggest checking this area daily for important information on upcoming field trips, reminders, schedule changes, etc. A weekly newsletter will be available every Friday afternoon with an overview of the upcoming week. Parents are encouraged to join the program on Remind to receive notifications from our program throughout the week! Invites will be sent to the parent's email provided on enrollment form.



### **Parental Conduct**

It is expected that all parents, guardians and program staff are respectful, courteous and professional toward one another.

In an effort to maintain a safe and positive environment for all members of our program, parents are asked to contact the office to address concerns. A meeting may be scheduled with the Program Director to discuss matters in an appropriate setting. Pick-up and drop-off times are not always the best or appropriate time to discuss and resolve certain matters.

### **Payment**

Families are required to pay the flat rate for all registered weeks regardless of the child's attendance. Accounts will NOT be credited for absences during a week he/she is registered.



With Auto-Pay, your credit/debit card will be billed every Monday starting the first week your child attends camp until your balance is paid off. For accounts that are not set up with Auto-Pay, payments are due on the Friday prior to each week your child is registered. Pay online with a debit/credit card through your hermonrec.com account. Cash, checks and debit/credit card payments can be accepted at the program or at the Hermon Town Office.

If payment is not received on time, a \$10 late fee will apply and attendance will not be accepted until payment is received. Repeated late payments or failure to pay will result in suspension or removal from the program.

### **Cancellations & Refunds**

If your child is registered and will not attend the entire week, a cancellation must be made 1 week prior to the start of the week being cancelled. Cancellations must be done online through your [www.hermonrec.com](http://www.hermonrec.com) account. Verbal cancellations will not be accepted. Refunds that are issued will be minus the non-refundable deposit (\$25 res/\$35 non-res). If registered with AutoPay, your credit/debit card will be charged a \$25 cancellation fee for each week cancelled. Refunds will only be given to families that adhere to our cancellation policy and do not have past due balances.

